



Meet Schedule – Preliminary Draft

February 18, 2023 – updated 01/19/2023

FIELD EVENTS

11:00 AM	Weight Throw	Women followed by Men
To follow WT	Shot Put	Women followed by Men
11:00 AM	Long Jump	Men followed by Women
To follow LJ	Triple Jump	Men followed by Women
11:00 AM	Pole Vault	Women followed by Men
12:00 PM	High Jump	Men followed by Women

RUNNING EVENTS

10:15 AM	5000M Run	Men
10:40 AM	5000 M Run	Women
11:00 AM	60 M Hurdles – Prelim	Men
	60 M Hurdles – Prelim	Women
	60 M Dash – Prelim	Men
	60 M Dash – Prelim	Women
12:00 AM	Distance Medley Relay	Men
12:15 PM	Distance Medley Relay	Women
12:30 PM	400 M Dash	Women
12:40 PM	400 M Dash	Men
12:50 PM	60 M Hurdles – Final	Women
	60 M Hurdles – Final	Men
	60 M Dash – Final	Women
	60 M Dash – Final	Men
1:20 PM	Mile Run	Women
1:35 PM	Mile Run	Men
1:50 PM	800 M Run	Women
2:00 PM	800 M Run	Men
2:10 PM	200 M Dash	Women
2:25 PM	200 M Dash	Men
2:40 PM	3000 M Run	Women
2:55 PM	3000 M Run	Men
3:10 PM	4x400 M Relay	Women
3:20 PM	4x400 M Relay	Men

## 2023 Alex Wilson Invitational



### Meet Information

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#### Entry Procedure:

- All institutions will submit entries online using Direct Athletics.
- Entry for the meet will close Tuesday, February 14 at 10:00 am (EST).
- Unattached athletes wanting to be considered for competition can contact Meet Director David Beauchem 850-228-1916 / dbeauch2@nd.edu with name, event, and *valid proof of performance*.

#### Entry Fee:

- \$400 per team. Each gender will be considered a separate team.
- Institutions not bringing a full team will be charged \$30.00 per entry.
- There will be a separate DMR Entry Fee of \$200 per relay.
- Unattached athletes will be charged \$30.00.
- Entry fees can be paid via cash or check at packet pickup, or prior to competition on DirectAthletics.
- Please make all checks payable to "University of Notre Dame".
- Notre Dame Students with a valid Irish1Card, accepted into the competition will be allowed to compete at no cost.

#### Distance Medley Relay:

- All institutions wishing to be considered for the DMR are asked to reach out to Hatherly-Piane Director of Track & Field, Matt Sparks at msparks@nd.edu.

#### Facility:

- Meyo Field is located inside Loftus Sports Center. A 320 meter Mondo track will provide athletes an opportunity to race on the nation's largest NCAA legal indoor track. The Pole Vault, Long Jump, and Triple Jump will be contested on a raised Mondo runway. The High Jump will be contested on a plywood/Mondo surface placed on top of the turf infield. Throwing events will be contested on a wood circle with the sector lying within the turf infield.
- Preferred Lanes:
  - 60 M Dash / 60 M Hurdles: 4 – 3 – 5 – 2 – 6 – 1
  - 200 M Dash / 400 M Dash / 4x400 M Relay: 5 – 6 – 4 – 3 – 2 – 1

#### Facility Restrictions:

- ¼" Pyramid Spikes **ONLY**. We ask that coaches please make sure all athletes have the correct spikes. Shoes may be checked at check in or at pre-race clerking. If spikes are not in compliance, the athlete will be disqualified.
- No marking chalk, cones, or duct tape will be allowed on the track or runways. Only athletic tape may be used.
- No electronic devices are allowed inside the competition area at any time.

#### Practice and Warm-ups:

- Practice times for Friday, February 17 will be distributed at a later date.

#### Team Camps:

- Please set up team camps on the predetermined areas along the inside of the track.

#### Packet Pick-up:

- Coaches' packets will be available on the balcony above the "Race like a Champion" sign beginning at 5:00 pm on Friday, February 17 during practice time. For teams not able to pick up their pack on Friday, packets will also be available on Saturday beginning at 9:00 am.

#### Clerking Procedures:

- Running Events: Athletes will report to the clerking area, located near the 60m start line, at least 60 minutes prior to the start of their event. Hip numbers will be distributed at the clerking area. Athletes will then report to their respective start line no later than 10 minutes prior to the start of their event.
- Throwing event athletes must report at least 45 minutes prior to the start of your event.
- Horizontal and Vertical jump athletes must report at least 30 minutes prior to the start of your event.

**Implement Weigh-in:**

- All implements will be weighed in at the site of competition beginning 45 minutes prior to the start of competition.

**Opening Heights:**

- Opening Heights will be determined before the start of competition at the discretion of the meet personnel.

**Relay Cards:**

- Relay cards are due 30 minutes before the start of the relay at the clerking table.

**Shower/Restroom Facilities:**

- No locker room or shower facilities will be available.
- Limited indoor restrooms will be available within Loftus Sports Center. Additional restrooms will be available in the portable restroom trailer outside of the southwest corner of the track.

**Parking/Directions:**

- Team parking information will be made available to all coaches and operation personnel one week prior to competition.
- Spectators will be directed to park in the Joyce Center, Compton Ice Arena, Library, or Bulla lots.

**Sports Medicine:**

- Athletic Trainers will be available 90 minutes before, during, and 30 minutes after the conclusion of competition. Trainers will be located in the Northeast corner of the facility.

**Food & Drinks:**

- Outside food is prohibited in the Loftus Sports Center. No food, Gatorade, or soft drinks are allowed. Teams wishing to cater in meals will be asked to eat in the hallway.

**Media Information:**

- All media related questions can be sent to Nicole Leighty at [nleighty@nd.edu](mailto:nleighty@nd.edu).

**Results:**

- Live results will be available at [www.enduranceracetiming.com](http://www.enduranceracetiming.com)

**Questions or Further Information:**

- Please contact Meet Director David Beauchem 850-228-1916 / [dbeauch2@nd.edu](mailto:dbeauch2@nd.edu) with any additional questions.

**Updated - January 19, 2023**