



NOTRE DAME

SWIMMING & DIVING

FIGHTING IRISH MEDIA	
Assistant Athletics Communications Director	
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2019-20 NOTRE DAME SWIMMING & DIVING SEASON AT A GLANCE

CSCAA MEN'S POLL (FEB 19)

RANK	TEAM
1.	Texas
2.	California
3.	Michigan
4.	Indiana
5.	NC State*
6.	Texas A&M
7.	Missouri
8.	Georgia
9.	Louisville*
10.	Arizona State
11.	Florida
12.	Tennessee
13.	Arizona
14.	Florida State*
15.	Virginia*
16.	Stanford
17.	Ohio State
18.	NOTRE DAME
19.	Virginia Tech*
20.	Iowa
21.	Southern Cal
22.	Northwestern
23.	North Carolina*
23.	Harvard
25.	Utah

* Denotes ACC schools

2019-20 dual meet opponents in **bold**

CSCAA WOMEN'S POLL (FEB 19)

RANK	TEAM
1.	Stanford
2.	Virginia*
3.	Tennessee
4.	California
5.	Michigan
6.	NC State*
7.	Florida
8.	Southern Cal
9.	Duke*
10.	Texas
11.	North Carolina*
12.	Georgia
12.	Auburn
14.	NOTRE DAME
15.	Kentucky
16.	Louisville*
17.	Arizona State
18.	Texas A&M
19.	Ohio State
20.	Missouri
21.	Louisiana State
22.	Princeton
22.	Indiana
24.	UCLA
25.	Northwestern
25.	Minnesota
25.	Akron

2019-20 NOTRE DAME SCHEDULE

Notre Dame Men's Dual Record: 7-4

Notre Dame Women's Dual Record: 9-3

DATE	OPPONENT/EVENT	LOCATION	Results: M/W
Oct. 4	#17/24 Florida State	Notre Dame, Ind.	W/W
Oct. 9	NR/#19 Kentucky/ #6/9 Indiana	Lexington, Ky.	L/L; L/L
Oct. 25	Purdue	W. Lafayette, Ind.	W/W
Nov. 1	#11/13 Louisville	Louisville, Ky.	L/L
Nov. 8-9	Pittsburgh	Pittsburgh, Pa.	W/W
Nov. 21-23	Ohio State Invitational	Columbus, Ohio	M: 2, W: 3
Jan. 11	#18/NR Iowa (M/W), Illinois (W)	Iowa City, Iowa	L/ W,W
Jan. 17	NR/#25 Northwestern	Notre Dame, Ind.	W/W
Jan. 24-25	Shamrock Invitational	Notre Dame, Ind.	M:1, W:1
Feb. 1	Ball St./Michigan St./Indiana St.	Notre Dame, Ind.	W/W, W/W, W/W
Feb. 14	Ohio State Winter Invitational	Columbus, Ohio	
Feb. 19-22	Women's ACC Championships	Greensboro, N.C.	Fifth
Feb. 26-29	Men's ACC Championships	Greensboro, N.C.	Sixth

Remainder of the 2019-20 season cancelled due to COVID-19.



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Coaching Staff (Seasons)

Head Swim and Dive Coach Mike Litzinger (5); **Head Dive Coach** Caiming Xie (25); **Associate Head Coach** Aaron Bell (4);
Associate Head Coach April Jensen (5); **Assistant Coach** Joe Brinkman (2); **Assistant Coach** Mitch Dansky (2);
Volunteer Dive Coach Annie Eaton (7); **Volunteer Assistant Coach** Caleb Lawrence (2)

2020 INDIVIDUAL HONORS | RECORD BOOK UPDATE

ABBIE DOLAN			
ACC Swimmer of the Week (Nov. 5)			
AUSTIN FLAUTE			
ACC Diver of the Week (Oct.8)			
COLEEN GILLILAN			
ACC Swimmer of the Week (Oct. 29, Jan. 14, Jan. 28)	School Record	Women's 100 Fly	:52.13
	Pool Record (Notre Dame)	Women's 200 IM	1:56.84
		Women's 200 Fly	1:55.94
JACK HOAGLAND			
	School Record	Men's 400 IM	3:40.73
	Pool Record (Notre Dame)	Men's 500 Free	4:17.12
		Men's 400 IM	3:46.38
		Men's 1650 Free	14:46.08
ERIN ISOLA			
ACC Diver of the Week (Jan. 28)			
SADLER McKEEN			
	Pool Record (Notre Dame)	Men's 200 Free	1:34.86
JACK MONTESI			
	School Record	Men's 100 Back	:45.81
		Men's 200 Back	1:40.14
KELLY STRAUB			
ACC Diver of the Week (Oct. 8, Jan. 21)			
LUCIANA THOMAS			
	Pool Record (Notre Dame)	Women's 400 IM	4:11.89
JOE TURK			
ACC Swimmer of the Week (Feb. 18)			

ZACH YEADON

ACC Swimmer of the Week (Oct. 8, Nov. 26)	School Records	Men's 500 Free	4:10.39
		Men's 1000 Free	8:43.51
		Men's 1650 Free	14:27.93
	Pool Record (Notre Dame)	Men's 1000 Free	8:57.69

RELAYS

Men's 800 Free Relay	School Record	McKeen, Schultz, Wilburn, Yeadon	6:16.86
Women's 400 Medley Relay	Pool Record (Notre Dame)	Quast, Grunhard, Gillilan, Dolan	3:34.94

ACC CHAMPIONSHIPS PODIUM FINISHES

Zach Yeadon	ACC Champion: 500 Free, 1650 Free	
Jack Hoagland	Silver: 400 IM, 1650 Free	Bronze: 500 Free
Coleen Gillilan	Bronze: 200 Fly	

NCAA QUALIFYING TIMES

Women		
Abbie Dolan	200 Free	1:44.60
Coleen Gillilan	200 IM	1:56.69
	100 Fly	:52.13
	200 Fly	1:54.79
Carly Quast	100 Back	:52.55
Luciana Thomas	200 Fly	1:54.70
Men		
Josh Bottelberghe	200 Breast	1:53.63
Jack Hoagland	500 Free	4:12.15
	400 IM	3:40.73
	1650 Free	14:35.19
Sadler McKeen	200 Free	1:33.59
Jack Montesi	100 Back	45.81
	200 Back	1:40.14
Aaron Schultz	200 Fly	1:42.29
Zach Smith	200 Fly	1:42.90
Zach Yeadon	500 Free	4:10.39
	1650 Free	14:27.93





NOTRE DAME

SWIMMING & DIVING

2020 Program Awards

- **Tim Welsh Award – Caiming Xie** - The longtime head dive coach, who announced his retirement in March, is honored with the Tim Welsh Award, which is awarded to a friend of the program who has made a significant contribution to the success of our student athletes.
- **Patrick Reilly McManus Award – Sadler McKeen** - Presented to the male athlete who performs well in and out of the pool in pressure situations and best exemplifies the term 'teammate.'
- **Blanchard Award – Jack Montesi (Captain)** - Presented to the male athlete whose performance, leadership and lifestyle embody the personal qualities of former Notre Dame swimmer and team captain Charles Blanchard.
- **Beeler-Hipp Award – Cason Wilburn and Sydney Winters** - Selected by the seniors, awarded to the freshman man and woman who best exemplify the vitality, competitiveness and love for Notre Dame shown by late Notre Dame teammates Meghan Beeler and Colleen Hipp, victims of the 1992 bus accident.
- **Knute Rockne Scholar Athlete Award – Nick Milikich and Erin Isola** - Awarded by the Notre Dame Club of St. Joseph Valley, presented to the male and female athlete who has done outstanding work as a student and as an athlete. This season, Milikich placed in the Top 25 in each of his events at the ACC Championships. The senior Biochemistry major boasts a 3.937 cumulative GPA over his four years at the university, and has been named to the Dean's List for six of his seven possible semesters. Isola was named ACC Diver of the Week on Jan. 28, and competed in the 1-meter finals at the ACC Championships. The senior psychology major owns a 3.969 GPA over the course of her college career and has been named to the Dean's List in every possible semester (seven total).
- **Swiss Army Knife Award – Aaron Schultz (Captain) and Coleen Gillilan** - Selected by the coaches, and awarded to the male and female athletes who can do it all for the team...any event...any distance.
- **Golden Dumbbell/Weight Room Warrior Award (Swim) – JP Becker and Claire DeSelm** - Presented to the male and female swimming athletes who show unmatched effort, continuous improvement and enthusiasm in the weight room for the betterment of themselves and the team.
- **Golden Dumbbell/Weight Room Warrior Award (Dive) – David Petrison and Sam Gillis** - Presented to the male and female diving athletes who show unmatched effort, continuous improvement and enthusiasm in the weight room for the betterment of themselves and the team.
- **Rookie of the Year Award – Jack Hoagland and Coleen Gillilan** - Selected by the coaches and awarded to the freshman man and woman who had a significant impact on the team this season. Hoagland reached the podium in all three events at the ACC Championships and was named 2020 ACC Men's Freshman of the Year. Gillilan set multiple records (both program and pool) and earned a bronze medal at the 2020 ACC Championships in the 200 Fly.
- **Most Improved Award – Josh Bottelberghe and Luciana Thomas** - Selected by the coaches and awarded to the male and female athletes who have shown most improvement throughout the course of the 2019-20 season.
- **Monogram Club Diving MVP Award – Austin Flaute and Kelly Straub** - Selected by the coaches, awarded by the Monogram Club to the male and female athletes judged to be invaluable throughout the 2019-20 season.
- **Monogram Club Swimming MVP Award – Zach Yeadon and Abbie Dolan** - Selected by the coaches, awarded by the Monogram Club, to the male and female athletes judged to be invaluable throughout the 2019-20 season.

CSCAA All-Americans (20)

- **Josh Bottelberghe** - 200 Breast
- **Austin Flaute** - 1-meter diving
- **Jack Hoagland** - 500 Free, 1650 Free, 400 IM
- **Sadler McKeen** - 200 Free, 800 Free Relay
- **Jack Montesi** - 100 Back, 200 Back
- **David Petrison** - Platform diving
- **Aaron Schultz** - 200 Fly, 800 Free Relay
- **Zach Smith** - 200 Fly
- **Cason Wilburn** - 800 Free Relay
- **Zach Yeadon** - 500 Free, 1650 Free, 800 Free Relay
- **Claire Andrews** - 3-meter diving, Platform diving
- **Abbie Dolan** - 200 Free
- **Coleen Gillilan** - 100 Fly, 200 Fly, 200 IM
- **Erin Isola** - 3-meter diving, Platform diving
- **Kate McCahan** - 3-meter diving
- **Carly Quast** - 100 Back
- **Bayley Stewart** - 200 Back
- **Kelly Straub** - 1-meter diving, 3-meter diving, Platform diving
- **Luciana Thomas** - 200 Fly
- **Annie Wiese** - 3-meter diving, Platform diving

All-ACC Academic Team (19)

**denotes number of career All-ACC Academic honors*

- **Austin Flaute
- Jack Hoagland
- Matthew Limbacher
- Sadler McKeen
- ***Jack Montesi
- David Petrison
- Aaron Schultz
- Zach Smith
- Joe Turk
- Cason Wilburn
- ****Abbie Dolan
- Coleen Gillilan
- Erin Isola
- Kate McCahan
- Carly Quast
- Bayley Stewart
- Kelly Straub
- Luciana Thomas
- Annie Wiese

2019-20 NOTRE DAME OLYMPIC HOPEFULS

OVERALL TRIAL QUALIFIERS

18 ATHLETES, 30 TOTAL CUTS

2020 Olympic Games postponed to 2021 due to COVID-19

MEN

12 ATHLETES, 21 TOTAL CUTS

Josh Bottelberghe - 100 Breast, 200 Breast

Jack Hoagland - 400 Free, 200 IM, 400 IM

Liam Hutchinson - 400 Free

Matthew Limbacher - 100 Breast

Max Miranda - 400 Free, 200 Fly, 400 IM

Sadler McKeen - 200 Free

Brendan Santana - 200 Fly

Aaron Schultz - 100 Fly

Zach Smith - 100 Fly, 200 Fly

Luke Thornbrue - 200 Free

Cason Wilburn - 50 Free, 100 Free, 100 Fly

Zach Yeadon - 400 Free, 800 Free

WOMEN

SIX ATHLETES, NINE TOTAL CUTS

Abbie Dolan - 100 Free, 200 Free, 200 Fly

Coleen Gillilan - 100 Fly, 200 IM

Carly Quast - 100 Back

Bayley Stewart - 100 Back

Lindsay Stone - 1500 Free

Luciana Thomas - 200 Fly

FOLLOW THE
JOURNEY
 2020 TOKYO OLYMPIC GAMES





NOTRE DAME

SWIMMING & DIVING

MEN

Name	Events	Cl.	Hometown/High School
Will Barao	Free	Fr.	Hingham, MA/Hingham
Marci Barta	IM	So.	Szombathely, Hungary/Nagy Lajos Gimnázium
JP Becker	Back, Breast, IM	Jr.	Rochester, MN/Lourdes
Josh Bottelberghe	Breast, Free	So.	Vancouver, WA/Columbia River
Nick Chase	Back, Fly	Fr.	Des Moines, IA/Dowling Catholic
Will Cumberland	IM, Back	Jr.	Bristow, VA/Patriot
Dave DeBacker	Diving	Fr.	Ypsilanti, MI/Detroit Catholic Central
Alec DeLong	Free	Fr.	Carmel, IN/Carmel
Jack Fitzpatrick	Back, IM	Fr.	Pittsburgh, PA/Upper St. Clair
Austin Flaute	Diving	So.	Centerville, OH/Centerville
Cristian Herrera	Diving	Sr.	Montebello, CA/Troy
Jack Hoagland	IM, Free	Fr.	Albuquerque, NM/La Cueva
Liam Hutchinson	IM, Free	Fr.	Glen Ellyn, IL/Fenwick
Charles Korndorffer	Fly, Back	Fr.	New Orleans, LA/Jesuit HS of New Orleans
Matt Limbacher	Breast, Free	So.	Naples, FL/Naples
Sadler McKeen	Free	Jr.	Birmingham, AL/Briarwood Christian
Nick Milikich	IM, Back	Sr.	Austin, TX/Cedar Ridge
Max Miranda	Fly, IM	So.	East Greenwich, RI/Suffield Academy
Jack Montesi	Back, Breast, Free	Sr.	Riverside, CT/Greenwich
David Petrison	Diving	So.	Pittsford, NY/Pittsford Mendon
William Rains	Diving	Fr.	Los Angeles, CA/Harvard-Westlake
Rex Riley	Breast	Sr.	Erie, PA/Cathedral Prep
Michael Rosa	Breast, IM	Fr.	Riverside, IL/Riverside Brookfield
Brendan Santana	Fly/Back	Jr.	San Diego, CA/University City
Aaron Schultz	Free, Fly, IM	Sr.	Richmond, VA/Deep Run
Zach Smith	Fly, Back	So.	Tuscaloosa, AL/Holy Spirit
Topher Stensby	Free	Fr.	Lincolnshire, IL/Adlai E. Stevenson
Luke Thornbrue	Free	Fr.	Hillsboro, OR/Century
Joe Turk	Back, IM, Fly	Sr.	North Andover, MA/St. John's Prep
Cason Wilburn	Free, Fly	Fr.	Chesapeake, VA/First Colonial
Andrew Winton	IM, Breast	So.	Lawrenceville, GA/Collins Hill
Zach Yeadon	Free	Jr.	San Antonio, TX/Reagan

WOMEN

Name	Events	Cl.	Hometown/High School
Claire Andrews	Diving	Sr.	The Woodlands, TX/The Woodlands College Park
Sarah Boyle	Back, Fly	Fr.	Centreville, VA/Westfield
Catie Brennan	Back	So.	New York, NY/Convent of the Sacred Heart
Claire DeSelm	IM, Fly	Sr.	Chapel Hill, NC/Chapel Hill
Abbie Dolan	Free	Sr.	Sunfish Lake, MN/Visitation
Sammie Eyolfson	IM, Breast	So.	Boise, ID/Boise
Skylar Fore	Free, Fly	Jr.	Cedarburg, WI/Cedarburg
Elizabeth Fry	Breast, Fly, IM	Fr.	Towson, MD/St. Paul's
Coleen Gillilan	Fly, Breast, IM	Fr.	Fort Collins, CO/Fossils Ridge
Sam Gillis	Diving	Fr.	Greensboro, NC/Northwest Guilford
Cailey Grunhard	Fly, Free, Back	Jr.	Mission Hills, KS/Bishop Miege
Lauren Heller	Free	Sr.	Stow, OH/Hawken
Erin Isola	Diver	Sr.	Allegan, MI/Allegan
Kelly Jacob	Free	Sr.	Oconomowoc, WI/Arrowhead
Reilly Lanigan	Free, Back, IM	Sr.	Lake Forest, IL/Lake Forest
Madeline LaPorte	Free	So.	Broomfield, CO/James Madison
Meaghan Lyons	Breast, IM	Fr.	Bluffton, SC/Hilton Head
Kate McCahan	Diving	Jr.	Dunwoody, GA/Wesleyan
Sarah Nicholls	Breast, IM	So.	Liberty Lake, WA/Central Valley
Maddy Potter	Fly, IM	Fr.	Minneapolis, MN/The Blake School
Carly Quast	Back, Free	Jr.	Maple Grove, MN/Wayzata
Katie Rentz	Fly	Sr.	Aurora, IL/Rosary
Erin Sheehan	IM, Fly, Free	Sr.	Upper Arlington, OH/Upper Arlington
Katie Smith	Free	Sr.	Rochester, NY/Pittsford Sutherland
Sammy Steigerwald	Free	Sr.	Colorado Springs, CO/Air Academy
Bayley Stewart	Back, IM	So.	Fort Collins, CO/Fossil Ridge
Lindsay Stone	Free	Jr.	Rochester, NY/Pittsford Sutherland
Kelly Straub	Diving	Jr.	Omaha, NE/Marian
Tegan Sweeney	Free	So.	Snellville, GA/Brookwood
Luciana Thomas	IM, Fly	So.	Fayetteville, AR/Haas Hall
Annie Wiese	Diving	So.	Carmel, IN/Indiana Connections
Sydney Winters	IM, Back, Breast	Fr.	Feeding Hills, MA/Suffield
Rachel Wittmer	Free, Fly, IM	Jr.	Minneapolis, MN/Edina

COACHING STAFF

Head Coach: Mike Litzinger (Hobart, '84)
Head Diving Coach: Caiming Xie (Beijing Inst. of P.E., '85)
Associate Head Coach: Aaron Bell (Clarion, '04)
Associate Head Coach: April Jensen (Pacific, '09)

Assistant Coach: Mitch Dansky (Connecticut, '12)
Assistant Coach: Joe Brinkman (University of the Cumberland, '15)
Director of Operations: Maggie Maloney (Notre Dame, '18)
Volunteer Assistant Coach: Caleb Lawrence (NC State, '18)
Volunteer Assistant Coach: Annette Eaton (Indiana, '82)

PRONUNCIATION GUIDE

Coch Caiming Xie	kigh-ming she	Skylar Fore	four	Jack Montesi	mon-tess-ee	Kelly Straub	straw-b
Will Barao	bah-ray-oh	Coleen Gillilan	coe-leen gill-ill-an	David Petrison	pet-rih-son	Tegan Sweeney	tee-gan
Marci Barta	Marcie	Jack Hoagland	hoh-gland	Carly Quast	kwahst	Luciana Thomas	lucy-ah-na
Josh Bottelberghe	bottle-burg	Erin Isola	ih-sola	Katie Rentz	rents	Luke Thornbrue	thorn-brew
Dave DeBacker	di-backer	Charles Korndorffer	corn-door-fer	Erin Sheehan	she-in	Annie Wiese	wee-see
Sammie Eyolfson	ee-yolf-sun	Matt Limbacher	lim-bah-ker	Sammy Steigerwald	stigh-gur-wald	Zach Yeadon	yay-dun
Austin Flaute	Flout	Nick Milikich	mil-i-kitch	Topher Stensby	toe-fer stens-bee		

