

	1		2		3		4		5		6		7		8	
	Word	Motion	Word	Motion	Word	Motion	Word	Motion	Word	Motion	Word	Motion	Word	Motion	Word	Motion
1	CHEER	CLAP	WAKE	CLAP	SEND	CLAP	SHAKE	CLAP	WHAT	CLAP	OLD	CLAP	WHILE	CLAP	--	HOLD
2		CLAP	UP	CLAP	A	CLAP	DOWN	CLAP	THOUGH	CLAP	NOTRE	CLAP	HER	CLAP	--	HOLD
3	CHEER	HI-V		CLAP	VOLLEY	HI-V	THE	PUNCH	THE	CLAP	DAME	T	LOYAL	CLAP	ONWARD	HI-V
4		HOLD	THE ECHOES	CLAP		HOLD	THUNDER	HOLD	ODDS	CLAP	WILL	HOLD		HOLD	TO	HOLD
5	OLD	CLAP	CHEERING	HI-V	CHEER	CLAP	FROM	CLAP	BE	CLAP	WIN	CLAP	SONS	POINT	VICTORY	HOLD
6	NOTRE	CLAP	HER	HOLD	ON	CLAP	THE	CLAP	GREAT	CLAP	OVER	CLAP	ARE	HOLD		CLAP
7	DAME	LOW-V	NAME	LO-V	HIGH	PUNCH	SKY	LO-V	OR	CLAP	ALL	HI-V	MAR	CLAP		CLAP
8		HOLD		HOLD		HOLD		HOLD	SMAL	CLAP		HOLD	CHING	CLAP	IRISH	PUNCH