



Meet Schedule – **FINAL**

February 22, 2020

FIELD EVENTS

10:30 AM	Weight Throw	Women followed by Men
To follow WT	Shot Put	Women followed by Men
11:00 AM	Long Jump	Men followed by Women
To follow LJ	Triple Jump	Men & Women COMBINED
11:00 AM	Pole Vault	Women followed by Men
12:00 PM	High Jump	Men followed by Women

RUNNING EVENTS

10:30 AM	5000 M Run	Men	(1 Section)
11:00 AM	60 M Hurdles – Prelim	Women	(3 Heats)
11:10 AM	60 M Hurdles – Prelim	Men	
11:20 AM	60 M Dash – Prelim	Women	
11:10 AM	60 M Dash – Prelim	Men	(3 Heats)
11:20 AM	Distance Medley Relay	Women	(1 Heat)
11:35 AM	Distance Medley Relay	Men	(1 Heat)
11:50 AM	400 M Dash	Women	(4 Heats)
12:00 PM	400 M Dash	Men	(6 Heats)
12:20 PM	60 M Hurdles – Final	Women	(2 Heats)
12:30 PM	60 M Hurdles – Final	Men	(1 Heat)
12:35 PM	60 M Dash – Final	Women	(2 Heats)
12:40 PM	60 M Dash – Final	Men	(2 Heats)
12:50 PM	Mile Run	Women	(2 Sections)
1:05 PM	Mile Run	Men	(2 Sections)
1:20 PM	800 M Run	Women	(4 Sections)
1:35 PM	800 M Run	Men	(5 Sections)
1:55 PM	200 M Dash	Women	(3 Heats)
2:05 PM	200 M Dash	Men	(4 Heats)
2:20 PM	3000 M Run	Women	(1 Section)
2:35 PM	3000 M Run	Men	(1 Section)
2:50 PM	4x400 M Relay	Women	(1 Heat)
2:55 PM	4x400 M Relay	Men	(1 Heat)