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## Meet Information

February 22, 2020

### Entry Procedure:

- All institutions will submit entries online using Direct Athletics.
- Unattached athletes wanting to compete can contact meet director, Cody Brousek at [cbrousek@nd.edu](mailto:cbrousek@nd.edu) with name, event, and proof of performance for approval.
- Entry for the meet will begin on January 1, 2020 and will close Tuesday, February 18<sup>th</sup> at 9:00am (EST).
- Entries will be accepted based only on performance, expect for speculative marks in the Distance Medley Relay.
- Accepted entries and heat sheets will be made available no later than Thursday, February 20<sup>th</sup> at 12:00pm.

### Distance Medley Relay:

- It is our intention to create a racing environment that is best suited for teams looking to qualify for the NCAA Indoor Track & Field Championships. In order to create adequate racing conditions we will be running **ONE** invitational section for each gender.
- All institutions wishing to be placed upon an interest list to be considered for the DMR are asked to reach out to Meet Director, Cody Brousek at [cbrousek@nd.edu](mailto:cbrousek@nd.edu).

### Entry Fee:

- \$400 per team. Each gender will be considered a separate team.
- Institutions not bringing a full team will be charged \$30.00 per entry or \$120 per relay.
- Institutions racing in the DMR will be invoiced \$1,000.00 per relay at time of confirmed entry with a refund to be issued at the conclusion of competition.
- Unattached athletes will be charged 30.00.
- Cash and check will be acceptable forms of payment at time of packet pickup, or prior to the closure of entries on Direct Athletics.
- All checks can be made out to: University of Notre Dame
- Notre Dame Students with a valid Irish1Card and **valid proof of performance** will be allowed to compete for FREE.

### Facility:

- Meyo Field is located inside Loftus Sports Center. A 320 meter Mondo track will provide athletes an opportunity to race on the nation's largest NCAA legal indoor track. The Pole Vault, Long Jump, and Triple Jump will be contested on a raised Mondo runway. The High Jump will be contested on a plywood/Mondo surface placed on top of the turf infield. Throwing events will be contested on a wood circle with the sector lying within the turf infield.
- Preferred Lanes:
  - 60 M Dash: 4 – 3 – 5 – 2 – 6 – 1
  - 60 M Hurdles: 4 – 3 – 5 – 2 – 6 – 1
  - 200 M Dash: 5 – 6 – 4 – 3 – 2 – 1
  - 400 M Dash: 4 – 5 – 6 – 3 – 2 – 1
  - 600 M Run: 4 – 5 – 6 – 3 – 2 – 1
  - 4x400 M Relay: 4 – 5 – 6 – 3 – 2 – 1

### Facility Restrictions:

- ¼" Pyramid Spikes **ONLY**. We ask that coaches please make sure all athletes have the correct spikes. Shoes may be checked at check in or at pre-race clerking. If spikes are not in compliance, the athlete will be disqualified.
- No marking chalk, cones, or duct tape will be allowed on the track or runways. Only athletic tape may be used.
- No electronic devices are allowed inside the competition area at any time.

**Practice and Warm-ups:**

- **Friday, February 21<sup>st</sup>:** Only the track surface within Loftus Sports Center will be available from 3:00pm – 6:30pm. The field events will not be available for practice as other Notre Dame intercollegiate athletic teams will be using the infield for practice.
- **Saturday, February 22<sup>nd</sup>:** Warm-ups will be allowed on the track until the beginning of running events. At that time all warm-ups will be limited to the back stretch (during straightaway races) and the specified warmup area in the infield.

**Team Camps:**

- Please set up team camps on the pre-determined areas along the inside of the track.

**Scoring:**

- This competition will not be scored.

**Packet Pick-up:**

- Coaches' packets will be available on the balcony above the "Race like a Champion" sign beginning at 5:00pm on Friday, February 21<sup>st</sup> during practice time. For teams not able to pick up their pack on Friday, packets will also be available on Saturday beginning at 9:00am.

**Clerking Procedures:**

- Running Events: Athletes will report to the clerking area, located near the 60m start line, at least 60 minutes prior to the start of their event. Hip numbers will be distributed at the clerking area. Athletes will then report to their respective start line no later than 10 minutes prior to the start of their event.
- Throwing event athletes must report at least 45 minutes prior to the start of your event.
- Horizontal and Vertical jump athletes must report at least 30 minutes prior to the start of your event.

**Implement Weigh-in:**

- All implements will be weighed in at the site of competition beginning 45 minutes prior to the start of competition.

**Opening Heights:**

- Opening Heights will be determined before the start of competition at the discretion of the meet personnel.

**Awards:**

- No awards will be given.

**Relay Cards:**

- Relay cards are due 30 minutes before the start of the relay at the clerking table.

**Shower Facilities:**

- No locker room or shower facilities will be available.

**Restrooms:**

- Limited indoor restrooms will be available within Loftus Sports Center. Additional rest rooms will be available in the portable restroom trailer outside of the southwest corner of the track.

**Parking/Directions:**

- Team parking information will be made available to all coaches and operation personnel one week prior to competition.
- Spectators will be directed to park in the Joyce Center, Compton Ice Arena, Library, or Bulla lots.

**Sports Medicine:**

- Athletic Trainers will be available 90 minutes before, during, and 30 minutes after the conclusion of competition. Trainers will be located in the Northeast corner of the facility.

**Food & Drinks:**

- Outside food is prohibited in the Loftus Sports Center. No food, Gatorade, or soft drinks are allowed. Teams wishing to cater in meals will be asked to eat in the hallway.

**Results:**

- Live results will be available at [www.enduranceracetiming.com](http://www.enduranceracetiming.com)
- Paper copies of results will be made available for coaches and staff at the timing table near the finish line.
- Results will be uploaded to [www.und.com](http://www.und.com) on the Track and Field page under the “Home Meets” tab.

**Questions or Further Information:**

- Please contact meet director, Cody Brousek if you have any questions or are in need of further information at (574)631-6322 or [cbrousek@nd.edu](mailto:cbrousek@nd.edu)



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Meet Schedule – **Tentative**  
February 22, 2020

**FIELD EVENTS**

11:00 AM	Weight Throw	Women followed by Men
To follow WT	Shot Put	Women followed by Men
11:00 AM	Long Jump	Men followed by Women
To follow LJ	Triple Jump	Men followed by Women
11:00 AM	Pole Vault	Women followed by Men
12:00 PM	High Jump	Men followed by Women

**RUNNING EVENTS**

11:00 AM	60 M Hurdles – Prelim	Women
11:10 AM	60 M Hurdles – Prelim	Men
11:20 AM	60 M Dash – Prelim	Women
11:30 AM	60 M Dash – Prelim	Men
11:40 AM	Distance Medley Relay	Women
12:10 PM	Distance Medley Relay	Men
12:40 PM	400 M Dash	Women
12:50 PM	400 M Dash	Men
1:00 PM	60 M Hurdles – Final	Women
1:05 PM	60 M Hurdles – Final	Men
1:10 PM	60 M Dash – Final	Women
1:15 PM	60 M Dash – Final	Men
1:20 PM	Mile Run	Women
1:35 PM	Mile Run	Men
1:50 PM	800 M Run	Women
2:05 PM	800 M Run	Men
2:20 PM	200 M Dash	Women
2:30 PM	200 M Dash	Men
2:40 PM	3000 M Run	Women
3:00 PM	3000 M Run	Men
3:20 PM	4x400 M Relay	Women
3:30 PM	4x400 M Relay	Men