Notre Dame Advanced Camps are designed to challenge the elite player in a competitive environment. Each camp is split up by age group to allow high school players an ID camp atmosphere and be coached by our Notre Dame staff as well as other college coaches. This gives campers the opportunity to be seen over a period of days where both the staff and player can get to know each other and learn what it takes to play at the next level. Our younger age groups consist of middle school and younger campers split up by age/grade in order to challenge them accordingly.

Along with some of the best coaches in the region we also hire counselors to assist them on the field and stay with the campers throughout the day. Our counselors are current women's college players representing Notre Dame and other Universities in the area.

Training teams/groups for all ages consist of around 12-18 players, with a coach AND counselor assigned to each group. This not only allows campers the chance to be in the best soccer learning environment, but also the opportunity to meet, learn and get advice from some great women's soccer role models.

**Tentative Daily Schedule of Activities:**

**Day 1**
11:00am – 1:30 Camp Registration (*Time subject to change*)
Training Session
Dinner
Games
Evening Lecture

Lectures throughout the camp will include facility tours, strength & conditioning and an NCAA recruiting rules lecture for the high school campers

**Day 2 & 3**
Breakfast
Training Session
Lecture
Lunch
Training Session
Dinner
Games
Evening Lecture

**Day 4**
Breakfast
Final Games
11:00am Check out

Campers will also have the opportunity to take a campus tour, go swimming and attend mass on Sunday morning.
Eligibility:
Camp is open to any and all girls who, at the time of camp, are between the ages of 10 and 18.

Site:
The setting for the Notre Dame Girls Soccer Advanced Camp is the nationally renowned campus of the University of Notre Dame, located on the outskirts of South Bend, Indiana. All boarders will reside in one of the residence halls normally occupied by undergraduate students of the University. Meals will be served in one of the Dining Halls on campus.

Camp Staff:
Our Notre Dame coaching staff will head up a camp staff that includes many of the top college, high school and club coaches from around the country. Along with our Notre Dame women’s soccer players, we also bring in the highest quality college players available to assist as camp counselors.

Goalkeeper Program:
Our Notre Dame goalkeeper program is available for each camp. The program is designed to challenge and develop individual skill throughout each training session and tactical knowledge during the games at night.

Camp Ball:
All players will need a ball during camp. If you wish to purchase an Under Armour ball please indicate so when registering. Our Notre Dame Under Armour camp ball is offered at a very reasonable price of $35.