2016-2017
Experience the Ice
at
Compton Family Ice Arena

Proud Partnership with:

SAINT JOSEPH HEALTH SYSTEM

Royal Excursion

Notre Dame
The Experience the Ice Program just completed its fourth year of inviting Michiana schools to Compton Family Ice Arena. The program was created to reinforce the importance of physical fitness, encourage nutrition and healthy lifestyles to young and growing children. Using the Compton Family Ice Arena to attract and motivate children, the CFIA staff skates with participants while integrating lessons found in the Indiana State Education Standards for gym and health. This program would not be possible without the help from our generous sponsors who have been with us from the start: Saint Joseph Health System and Royal Excursion. Listed below are the stats from the 2016-2017 year:

- 1,632 participants between 2nd and 8th grade
- 21 school partners; 2 or 3 school trips per month
- Countless smiles while students are at Compton Family Ice Arena

### SCHOOL PARTNERS

- St. Vincent de Paul
- Walt Disney Middle School
- Hamilton Traditional School
- Woodview Elementary School
- Holy Family Catholic School
- Horizon Elementary School
- Swanson Primary Center
- Jackson Intermediate School
- Perley Primary Fine Arts Academy
- Harrison Primary Center
- St. Joseph Catholic School—South Bend
- Madison Primary Center
- St. Pius Catholic School
- Holy Cross Catholic School
- Christ the King Catholic School
- St. John the Baptist Catholic School
- Lincoln Primary Center
- Warren Primary Center
- McKinley Primary School
- Battell Elementary School
- Hums Elementary School
OVER THE YEARS

<table>
<thead>
<tr>
<th>School Year</th>
<th>Trips</th>
<th>Kids</th>
</tr>
</thead>
<tbody>
<tr>
<td>2013-14</td>
<td>18</td>
<td>1,291</td>
</tr>
<tr>
<td>2014-15</td>
<td>19</td>
<td>1,560</td>
</tr>
<tr>
<td>2015-16</td>
<td>18</td>
<td>1,420</td>
</tr>
<tr>
<td>2016-17</td>
<td>21</td>
<td>1,632</td>
</tr>
</tbody>
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SURVEY RESULTS

After each trip (time permitting), students were given the opportunity to fill out a survey about what they experienced while being at Notre Dame. Here is what we found:

- Students realize that hard work, teamwork, sleep, and exercise are important drivers to student-athlete success
- 93% of students feel welcome to return to Notre Dame to participate in other activities
- Students know that there are a variety of activities for them to participate in at Compton Family Ice Arena
- While presenting, we need to be sure the children understand that “nutrition” and “healthy eating” are synonymous terms, so that survey results are more accurate

LOOKING AHEAD

The Compton Family Ice Arena at the University of Notre Dame plans to continue the Experience the Ice program for the 2017-18 school year. We plan to host another 18-24 trips next academic year and welcome another 1,600+ students to Notre Dame. We will continue to reinforce the importance of physical activity, healthy eating and healthy lifestyle choices while creating a larger and more diverse skating community!
Saint Joseph Health System continues the legacy of caring for Michiana, begun by the Sisters of the Holy Cross and the Poor Handmaids of Jesus Christ more than 150 years ago. Saint Joseph Health System is a Regional Ministry Organization of Trinity Health that provides compassionate, faith-based care paired with the latest in advanced medical technology and procedures.

In addition to acute-based hospital care, they are proud to provide a wide range of community-based and post-acute services including: community wellness, physical rehabilitation, home care, physician clinics, outpatient services, independent and assisted senior living, memory care and affordable senior apartments.

Saint Joseph Health System’s “This Counts” campaign is a movement for a fitter, healthier life. This Counts provides the foundation for all of us in this community to do what we can to bring exercise and nutrition into our lives. Whether it’s taking the stairs or washing the car, it all counts!! They encourage us to start where we are, use what we have and do what we can. Just Move!

For the third straight year, the “This Counts” campaign donated T-shirts for every student who participated in Experience the Ice. This served as a reminder to “just move” everyday! Over 2,500 students have these shirts and wear them proudly on the streets of Michiana!
SPONSORS

ROYAL EXCURSION

Royal Excursion is a locally owned and operated company. Founded in 1998, Royal Excursion focuses its service on quality, loyalty, and honesty. They strive to continuously offer their customers first-class service at low cost prices. Their mission is to provide high quality customer service, safety, reliability, and valuable transportation service to our community. Customer service, quality equipment, and professional well trained drivers are just a few of the ways they strive to achieve success. They demand high standards of their equipment and staff to assure the most pleasant experience possible with Royal Excursion.

We want to thank Shannon Kaser and the whole Royal Excursion team for providing all 21 schools with first-class transportation to and from Compton Family Ice Arena, as well as for their commitment to the community, the University and the goals of the Experience the Ice Program!

The Bus ride was the best part of the trip! I wish it could take me home!
-Lincoln Primary, 3rd Grader

COMPTON FAMILY ICE ARENA

Compton Family Ice Arena has been open and serving the community for just over five years now. CFIA sits on the south edge of campus, directly across from the Joyce Center. The state-of-the-art facility has been rated in the top venues to watch a sporting event in the country! This two-sheet facility is the primary home to the Notre Dame Hockey Program but also serves as the home to the Irish Youth Hockey League, Michiana High School Hockey League, Notre Dame Skating Academy, and the Notre Dame Figure Skating Club.
I really liked coming here with my friends and I had a lot of fun and I want to definitely come back.

-Hamilton Traditional School, 4th Grader