

The Coaches



Head coach Tim Welsh (left) and assistant coach Matt Tallman (right) took the Notre Dame program to unprecedented heights in 2004-05. The Fighting Irish captured the school's first men's swimming and diving BIG EAST championship along with sending a swimmer to the NCAA Championships for the first time. The Irish also broke 12 of 19 school swimming records last season.

Already one of the most respected coaches in the nation, Tim Welsh has taken the Notre Dame men's swimming and diving program to unprecedented levels and on the verge of becoming a national force. Under his guidance, the Fighting Irish captured the program's first BIG EAST title in 2005 and sent just its second competitor to the NCAA Championship. Welsh is not unaccustomed to success, as student-athletes and teams under his care have excelled throughout his 28-year career as a head coach.

Welsh's squads have experienced great team success over the years. In 1978 and '79, he helped Johns Hopkins to back-to-back Division III national championships, being named National Coach of the Year on the latter occasion. In all, Welsh has coached 25 teams that have claimed conference championships and 19 that have won nine or more dual meets in a season.

Since arriving at Notre Dame in 1985, Welsh has seen his teams post a 262-143 (.647) dual-meet record, while winning 17 league titles (15 Midwestern Collegiate, 1 North Star and 1 BIG EAST) and taking second place on five occasions (2 MCC, 3 BIG EAST). His student-athletes also have been accomplished, earning 12 invitations to the NCAA Championships, gaining All-America honors on three occasions, and capturing 10 BIG EAST individual titles. With a victory over St. Bonaventure on Jan. 29, 2005, Welsh surpassed Dennis Stark's mark of 167 career dual-meet victories at Notre Dame. Stark, the only other head coach in Fighting Irish swimming and diving history, was at the helm of the program from 1958 until Welsh took over in 1985.

The most apparent reality of the Welsh era at Notre Dame is the almost every-day occurrence that breaking University records has become. In his tenure, Welsh has seen his student-athletes break the Notre Dame record in every event -- on both the men's and women's sides -- on multiple occasions. In all, more than 200 University records have been set under Welsh's tutelage, with the bar continuing to be raised all the time. The Irish established 12 marks during the 2004-05 season alone. In the lists of the top 10 performers in each swimming event in Notre Dame men's history, no names remain from the pre-Welsh era.

The Irish swimming and diving program entered a new era under Welsh, as well. In his first 17 years at Notre Dame, the men's swimming and diving team had little access to scholarship aide. The Notre Dame Athletic Department decided in December 2002 to fully fund all of its varsity sports,



Tim Welsh

Head Coach

21st Season

Providence '66

giving the Irish a tool with which to compete with the best schools in the nation. Working now with a fully-funded program, Welsh has welcomed the top four freshman classes in the program's history over the last four years.

There is no doubt that the Irish program is on the rise. Notre Dame has finished in the top four at the BIG EAST Championships for eight consecutive seasons, including three runner-up results (1999, 2000, '04). The Fighting Irish finally broke through and captured the program's first BIG EAST title in 2005 by defeating Pittsburgh, the eight-time defending conference champion, by 275 points. All but two current University records has been set since 1999, and the Irish will aim to equal or better their 12 fallen marks from the 2004-05 campaign in 2005-06.

The 2004-05 season also witnessed Notre Dame's first NCAA Swimming and Diving Championships participant in the Welsh era, and just the second in the history of the program. Sophomore Tim Kegelman swam in the 100-yard butterfly, 200-yard butterfly and the 200-yard IM at the NCAA Swimming and Diving Championships in Minneapolis, Minn. Kegelman was also one of six Notre Dame swimmers to take home BIG EAST titles in '04-'05. Jay Vanden Berg (1,650-yard free), Steve Shomberger (200-yard back), Doug Bauman (400-yard medley relay), Tim Randolph (400-medley relay) and Frank Krakowski (400-medley relay) all joined Kegelman (100-yard butterfly, 200-yard IM, 400-medley relay) on top of the BIG EAST podium. For his team's accomplishments, Welsh was named a BIG EAST Coach of the Year for the third time in six years.

The 2003-04 campaign provided a glimpse of the bright future of Notre Dame men's swimming and diving. The Irish faced their toughest schedule in school history and responded by setting eight school records. Notre Dame posted 584 points at the BIG EAST Championship to finish as conference runner-up. Among the highlights of that meet were the first-ever Irish 1-2 finish in the meet, as Jamie Lutkus and David Moisan topped the field in the 400-yard individual medley.

Notre Dame also posted runner-up finishes in the 1999 and 2000 BIG EAST Championships. The Irish delivered a school-record time in '99 to win the final event of the meet, the 400 freestyle relay, to edge Syracuse by one point for second place. Notre Dame won its first three conference titles that year en route to its best-ever finish. Welsh was named the BIG EAST Coach of the Year, capping a season in which the Irish broke 16 of 19 University records.

Notre Dame reset eight varsity records in 1999-2000 in finishing second in the BIG EAST Championships once again.

Other highlights of Welsh's tenure as men's coach at Notre Dame are nine seasons with 10 or



more dual-meet victories, including a 12-1 mark in 1989-90, the best record in school history. The Irish also were 11-1 in 1997-98 and set the school record for wins in a season in both 1987-88 and 1990-91 with identical 13-3 marks.

Prior to joining the BIG EAST in 1995-96, Welsh's Irish won six Midwestern Collegiate Conference championships in seven years (1986-92) and took six consecutive titles in the National Catholic Invitational (1989-94).

The Irish women's coach from 1985-86 through 1994-95, Welsh's teams won MCC titles every year the Irish were in the conference, from 1987-95. His teams also claimed the Eastern Intercollegiate championship twice. The first title came in 1990 and the second in 1995, when the last women's program Welsh coached finished with the best record in school history, 14-1. During his 10 years at the helm of the women's program, Welsh sent 11 swimmers to the NCAA championships, including three-time All-American Tanya Williams. In that span, every

The Welsh File

Career Record:

384-233-1 (.623), 28 years

Career Men's Record:

234-128 (.646), 28 years

Record at Notre Dame:

262-143 (.647), 20 years

Men's Record at Notre Dame:

169-92 (.648), 20 years

Head Coaching Experience:

Johns Hopkins (men/women), 1977-85

Notre Dame (women), 1985-95

Notre Dame (men), 1985-present



The Welsh Factor

Since his arrival at Notre Dame in 1985, Tim Welsh has seen his student-athletes repeatedly break every University record, continually setting a new standard of excellence. A look at some of the most dramatic improvements in school-record performances is below.

Event	'85 Record	'05 Record
200 free	1:42.2	1:38.36
500 free	4:41.8	4:25.83
1000 free	9:51.1	9:15.52
1650 free	16:47.2	15:19.30
100 back	54.2	50.08
200 back	1:58.0	1:46.06
100 breast	1:01.4	55.18
200 breast	2:13.6	2:00.09
200 IM	1:57.8	1:49.48
400 IM	4:13.9	3:54.38
1m Diving	277.55	339.29
3m Diving	302.65	383.85
400 Medley Relay	3:32.9	3:16.93
800 Free Relay	6:57.1	6:40.79

Irish women's University record was broken.

Prior to coming to Notre Dame in 1985, Welsh spent eight years as the head men's and women's coach at Johns Hopkins in Baltimore, Md. The New York native led the men's squad to a mark of 65-36, including two NCAA Division III national championships and eight Middle Atlantic Conference titles. The women's team also was successful under Welsh, earning a Middle Atlantic Conference championship while achieving six seasons at .500 or better.

Welsh graduated magna cum laude from Providence College in 1966. He went on to earn his master's degree at the University of Virginia in 1967. Welsh became the men's assistant coach at Syracuse in 1974 after leaving Winthrop College



The Welsh family: (clockwise from top left) John, Tim, Tim, and Jacqueline.

(S.C.), where he had taught English. During his four years at Syracuse, Welsh continued to teach English, as well as designed and ran the training program before joining the Hopkins swimming program.

Welsh is an active member of the American Swimming Coaches Association, serving on its Board of Directors for the ninth time in 2005-06 and being honored in '04 with the prestigious Ousley Award for his distinguished service. He was a speaker at the World Clinic in 1985, '87, '91, '92, '94, '95, '96 and '97 (also taught Leadership Workshop for Athletes at the 2005 World Clinic). For three years, he served as the chairman of the NCAA Men's and Women's Swimming Committee, holding a spot on that committee from 1991-97. The committee is responsible for running NCAA championships and proposing rule changes. He currently serves as the president of the BIG EAST Swimming Coaches Committee.

Welsh was awarded the Richard E. Steadman Award by the College Swim Coaches Association in 1993. The award, given annually to a swimming or diving coach in the high school, club or university ranks who, in the opinion of the International Swimming Hall of Fame, Inc., and the College Swim Coaches Association, has done the most to spread joy and happiness in swimming.

Welsh continued a career of world travel, as he took his team to Ireland during the winter of the 2004-05 season. Previously, he traveled to Bogota, Colombia in the spring of 1985 as a clinician and instructor for Sports America Program of the U.S. State Department and took his Irish squad to Portugal in the summer of 1991. Welsh and the 1996-97 Irish ventured to Brazil over Christmas break for a nationally-televised meet featuring international Olympic swimmers.

Welsh's student-athletes have been traditionally strong in the classroom, as well as in the Rolfs Aquatic Center. Perennially on Collegiate

Swimming Coaches Association of America (CSCAA) All-Academic list (which ranks teams according to grade-point average), the Irish claimed the top spot in the 1999 season and have been in the top 10 eight times since 1990.

In his 21st season as head coach at Notre Dame, Welsh ranks behind only track and field's Joe Piane as the longest-serving program leader at the University. He also was awarded an honorary monogram from Notre Dame's National Monogram Club and has seen four of his swimmers garner the Byron V. Kanaley Award, the most prestigious honor an Irish student-athlete can achieve.

In 2002, Welsh was featured in the ASCA newsletter in appreciation for his dedication as a member of the ASCA's Board of Directors (this was the Bob Ousley Award for Service to ASCA, and was presented at the ASCA world Clinic in 2002). One of Welsh's key developments is the ASCA Fellows Program - which is designed to professionally and thoroughly prepare the next generation of coaching leaders.

A published writer and master motivator, Welsh and his wife, Jacqueline (who works on campus as a curator of education in the Snite Museum of Art), are the parents of two sons. Tim, a 2002 Notre Dame graduate, participated in the University's Alliance for Catholic Education (ACE) program before enrolling in an English Ph.D. program at the University of Washington. John is a 2005 Notre Dame graduate, who is currently enrolled in a Master's Degree Program in Italian at the University of Virginia.

What his teams have done . . .

- Won two national titles (1978 & '79 in Division III)
- Won 26 conference championships (15 Midwestern Collegiate, 9 Middle Atlantic, 1 North Star, 1 BIG EAST)
- Captured Notre Dame's first-ever BIG EAST men's swimming and diving title
- Finished in top four at BIG EAST Championships in each of last eight years (runner-up in 1999, 2000, '04)
- Finished in the top 10 in the nation in team GPA on eight occasions
- Won nine or more dual meets on 19 occasions
- Posted the most dual-meet wins in a season in Irish women's history (14-1, 1994-95)

What awards he has won . . .

- 1979 Division III National Coach of the Year
- 1999, 2004 & 2005 BIG EAST Coach of the Year
- 1993 CSCAA Richard E. Steadman Award
- Chairman of NCAA Men's and Women's Swimming Committee
- President of BIG EAST Swimming Coaches Committee
- American Swimming Coaches Association Board Member
- American Swimming Coaches Association Executive Committee
- 2004 ASCA Ousley Award
- ASCA World Clinic Speaker (1985, '87, '91, '92, 1994-97)

What his Notre Dame student-athletes have done . . .

- Earned All-America honors three times
- Earned 12 berths to the NCAA Championships
- Won 11 BIG EAST titles
- Set over 200 University records, including every men's and women's mark multiple times
- Won the Byron V. Kanaley Award four times



In his 28-year career as a diving coach, Caiming Xie has helped his protégés win BIG EAST titles, All-America honors, and gold medals. A proven winner, Caiming's experience reaches the world over, and he is in his 10th season as head men's and women's diving coach at Notre Dame.

During his tenure, he has coached two All-Americans on the women's side, as well as the top two men's divers in school history. Caiming's male divers have posted each of the top six scores in school history in one-meter diving, as well as seven of the top 10 off the three-meter board.

In 2005, freshman Sam Stoner placed fifth at the BIG EAST Championships off both boards and would go on to finish 17th out of the 32-diver field at the NCAA Zone C Diving Championships. That marked the top finish for an Irish rookie in one-meter action in the meet since Andy Maggio was 14th in 2000. Caiming brings another diver into the fold for the 2005-06 season as freshman Michael Bulfin will provide even more depth to an Irish diving roster that already features five student-athletes.

Caiming, the first full-time diving coach in Notre Dame history, recruited and developed three divers in the class of 2003. The group, which went undefeated in 2001-02, was a key to Notre Dame's dual-meet fortunes over a four-year span, and all three left among the best eight divers in school history on the one-meter board.

Maggio was the most dominant Irish men's diver ever, holding three of the five University diving records. In 2002, he finished fourth at the NCAA Zone Diving Meet, missing by just six points Notre Dame's first berth to the NCAA Men's Championships in 27 years.

Joe Miller and Tong Xie, Caiming's son, each delivered career-best performances in their final seasons, a sign of Caiming's ability to help divers improve dramatically during their time with him.

Caiming also tutored 2001 graduate Herb Huesman throughout his career, which ended with him as the holder of three varsity records.

Caiming has been named his conference's top diving coach on three occasions, including in the BIG



Caiming Xie

Diving Coach

11th Season

Beijing Institute of Physical Education '85



board to earn honorable mention All-America honors.

In 2001-02, Heather Mattingly became the first Irish diver to earn All-America honors, finishing eighth in the three-meter competition at the NCAA Championships. Mattingly also earned honorable mention on the one-meter board, taking 12th. She was the first Notre Dame diver to qualify for the NCAAs in four consecutive years -- also earning honorable mention All-America in 2001 (13th in 3m) and 2000 (12th in 1m, 12th in 3m).

Before coming to Notre Dame, Caiming was the head diving coach for three years at the University of Toledo, earning Mid-American Conference diving coach-of-the-year laurels in each of his last two seasons. Prior to his stint with the Rockets, Caiming served as an assistant coach for the '91-92 season at Pittsburgh.

Boasting a wealth of international experience on his resume, Caiming served as the 1980 Chinese Olympic diving coach. He also has served as a technical consultant for United States Diving since 1994 and has held clinics and presentations for the United States Diving national team.

The Chinese national team coach from 1977-90, Caiming coached Sun Shu-Wei, a gold medalist in the men's platform competition at the '92 Olympics in Barcelona, Spain, and Zhu Jin-Hong, who finished fourth in the women's platform in Barcelona.

Caiming's divers also have earned medals at the Asian Games, World Cup, World University Games and World Championships.

A competitive diver in his own right, Caiming won the springboard competition at the Asian Games in 1974 and earned first place in the platform and second in the springboard competition at the National Games of China in 1975.

A 1985 graduate of the Beijing Institute of Physical Education, he also won numerous Chinese diving championships.

Caiming and his wife, Ping Tong, have one son, Tong, who graduated from Notre Dame in 2003 after a successful career as an Irish diver.



Caiming Xie with his wife Ping Tong and son Tong, a 2003 graduate and diver at Notre Dame.

EAST in 1999 and 2004. On the women's side, Caiming was responsible for the development of Heather Mattingly and Meghan Perry-Eaton, the first two diving All-Americans in Notre Dame history.

The last three seasons have been the most successful in Irish women's diving history, featuring five BIG EAST titles, four All-America honors, and a trio of BIG EAST Championships Most Outstanding Diver awards. In 2003-04, Perry-Eaton turned in the most impressive campaign ever by an Irish diver, as she was beaten just one time during the regular season before sweeping the springboard events at the BIG EAST Championships by more than 40 points each en route to being tabbed the meet's top diver. Perry-Eaton then became the first Notre Dame diver ever to win a title at the NCAA Zone C Championships, taking first off the one-meter board. At the NCAA Championships, she delivered the highest-ever finish for a Notre Dame swimmer or diver, taking third in that event, ending up just 3.30 points behind the national champion and securing All-America honors. She followed that up with two more conference titles (for a BIG EAST record five in her career), her third conference diver-of-the-year award, and two more All-American honors. She was fifth at NCAAs on the one-meter and 15th in three-meter.

In 2002-03, Perry-Eaton became the first Notre Dame diver -- and first non-University of Miami diver since 1996 -- to win a conference championship, placing first in the one-meter competition. She also was second on the three-meter board and was named the BIG EAST's top diver. Perry-Eaton then qualified for the NCAA Championships, where she placed ninth in the one-meter event and 20th on the three-meter

The Caiming File

• 1977-90

Diving Coach, Chinese Olympic and National Team

* Two-time Chinese National Diving Coach of the Year (1986, 1987)

• 1991-92

Assistant Diving Coach, University of Pittsburgh

• 1992-95

Head Diving Coach, University of Toledo

* Two-time Mid-American Conference Diving Coach of the Year

• 1995 - current

Head Diving Coach, University of Notre Dame

* 1999, 2004 & 2005 BIG EAST Diving Coach of the Year

* Irish divers have earned nine All-America accolades, five BIG EAST titles, and three times were named the BIG EAST Championships Most Outstanding Diver





Matt Tallman

Assistant Coach

5th Season

Catholic '97

In his fifth year as an assistant men's swimming and diving coach at Notre Dame, Matt Tallman already has left his mark on the Irish program. Serving as recruiting coordinator, he has landed the top four classes in Notre Dame history.

Tallman joined the Irish staff shortly after the Notre Dame Athletic Department announced that all its sports would receive full funding. With increased scholarship aide, he has made the Irish competitive with the top programs in the nation on the recruiting front.

The efforts of Tallman have paid dividends in the pool, as the Irish have broken 33 University records over the last four years, and the current squad - considered the most-talented in school history -- promises to set further all-time bests.

Tallman helped guide the Irish to their first BIG EAST championship in program history in 2005. Notre Dame earned a meet-record 902.5 points in the conference meet to defeat Pittsburgh, the eight-time defending champion, by 275 points. That same year, Notre Dame sent its first swimmer, and second student-athlete ever, to the NCAA Swimming and Diving Championships as sophomore Tim Kegelman swam the 100-yard butterfly, 200-yard butterfly and the 200 IM at the national meet. In all, the 2004-05 campaign was the most successful in Fighting Irish history as the team posted a 10-2 dual-meet record, eclipsed 12 school records, claimed four individual BIG EAST titles, and entered the national rankings for the first time.

Tallman has been a key in the growth of the Irish program, and his first four seasons have seen a number of superlatives. In his first campaign, Notre Dame matched the third-highest win total in the history of the program, ending up 11-3 in dual meets. After failing to win their own Notre Dame



Invitational for the first time in four years the season prior to Tallman's arrival, that meet has seen three Irish victories, including an impressive 2003 performance that featured Notre Dame setting a meet record for points scored and claiming a 710-point triumph over a talented second-place Harvard team. The Irish have similarly been dominant in the Notre Dame/Dennis Stark Relays, setting eight of 11 meet records since Tallman's arrival. The 2003-04 season also featured the Irish posting their highest-ever point total in the BIG EAST Championships to that point, en route to

their first runner-up result in four years. Among the high points of that meet was Notre Dame's first-ever 1-2 finish in the meet, which took place in the 400 IM.

In addition to recruiting, Tallman assists head coach Tim Welsh in all facets of the Irish swimming and diving program, including on-deck coaching and diving program, including on-deck coaching and teaching, training, supervising dryland workouts, and day-to-day operations.

Prior to his stint at Notre Dame, Tallman served as an assistant at the University of Maryland in 2000-01. He helped the Terrapins send a school-record number of female qualifiers to the NCAA Championships. Maryland peaked at 16th in the national rankings that season, its highest listing in school history.

Before his season at Maryland, Tallman spent two years as the head swimming coach at Indiana University of Pennsylvania. While at IUP, he was selected as the Pennsylvania State Athletic Conference Coach of the Year in 1999 after helping the women's team to the PSAC title, ending Clarion University's 23-year stranglehold on the championship. He also helped the IUP women's team to sixth- and seventh-place finishes at the NCAA Division II championships. In his two seasons at IUP, the women's squad was 18-0 in dual meets.

Fifteen IUP swimmers achieved All-America honors under Tallman's tutelage while 18 swimmers earned all-PSAC accolades and five student-athletes were named academic All-Americans.

A 1997 graduate of Catholic University, Tallman swam for four seasons and captured 11 titles at the Capital Athletic Conference Championships. He set school and conference records in the 100 and 200 breaststroke, along with the 200 and 400 medley relays.

Born Sept. 24, 1973, in Camden, N.J., Tallman has a number of Notre Dame connections. His father Dennis is a '73 graduate and his grandfather, Edgar F. Bailey, played football for the Irish in the 1940s.

Tallman resides in Mishawaka and is engaged to Heather Grzeskowiak.

The Tallman File

- **1995-97**
Assistant Swimming Coach
Marymount University
- **1997-98**
Assistant Swimming Coach
Indiana University of Pennsylvania
- **1998-2000**
Head Men's and Women's
Swimming Coach
Indiana University of Pennsylvania
* 1999 PSAC Coach of the Year
* 1999 PSAC Women's Champions
- **2000-01**
Assistant Swimming Coach
University of Maryland
- **2001- Present**
Assistant Swimming Coach
University of Notre Dame

**Head Coach Tim Welsh on
Matt Tallman ...**

"The guys love him and fear him, and I think that would be exactly what he wants. There is no room for us anywhere but at the top in Matt's eyes. He feels there is no reason to give anything but 100% in anything we do. At the same time, he is a good teacher and a good stroke technician. Matt is very passionate, and I think we have had a good partnership since he joined our program."





Josh Skube

**Volunteer Assistant Coach
Indiana '98**

Josh Skube is in his sixth season as a volunteer assistant coach for Notre Dame swimming and diving, but his first working with the men's team. Also in his fifth year as a faculty member in the physical education department, Skube assists in all aspects of home practices and meets.

Skube swam collegiately for Ball State University from 1994-96 before earning a bachelor's degree in kinesiology ('98) and a master's degree in exercise physiology from Indiana University.

A member of the American College of Sport Medicine, Skube also has served as an assistant coach for Bloomington North High School (1999-2000) and the Duneland Swim Club (1995-97). Known for his deep technical knowledge of the sport, he also has been published in *Swim Technique* magazine.

A distance freestyle specialist, Skube is from Chesterton, Ind., and he swam for Chesterton High School, earning team MVP honors in leading the Trojans to Duneland Conference titles in his final two seasons.

Skube comes from a family with strong Notre Dame roots, as his father Thomas ('70), uncle Charles ('60), and cousins Mara ('86) and Steve ('90) are all graduates of the University.

Born Nov. 30, 1975, in Crown Point, Ind., Skube and his wife, Susan, live in South Bend with their two-year-old daughter, Ivie.



For the second consecutive year, assistant coach Matt Tallman (left) and head coach Tim Welsh (right) were presented with the BIG EAST Coach-of-the-Year trophy in 2005. Welsh has been named the conference's top coach on three occasions: 1999, 2004 and 2005.

**Additional
Men's
Swimming
and Diving
Support
Staff**



Mike Danch
Assistant Athletics
Director



Liz Frierott
Senior Manager



Lisa Shall
Strength &
Conditioning



Alicia Roane
Athletic Training



John Saylor
Aquatics Facilities
Manager



Rev. J. Steele, C.S.C.
Team Chaplain



Laura Metzger
Academic Services



Sean Carroll
Sports Information

