2019 Notre Dame Volleyball Team Camp

Thank you for registering for the 2019 University of Notre Dame Volleyball Team Camp, July 12-14! We hope summer camp will be a memorable and exciting experience for you and your team. The information in this packet is very important, please read it thoroughly.

DATE:
July 12-14, 2019 (Friday—Sunday)

CHECK-IN:
Friday, July 12—9:30-10:00am EDT. Please note that the University of Notre Dame is on Eastern Daylight Time.

-Only Coaches are needed for check-in. Players must stay on the bus while coaches check their team in.

-Location: Dorr Road Parking Lot, Dorr Road, Notre Dame, IN 46556 (Shown on campus map)

-After you drop off luggage at the dorms, park cars/vans/bus in the Dorr Road Lot using the permit that you received at check-in. At 10:30, all teams will be escorted by ND VB camp staff from the dorm for the start of camp.

DEPARTURE:
Sunday, July 14—3:00pm EDT

-Parents/Guardians are welcome and encouraged to attend the final afternoon session of camp which will include tournament games from 1:00-2:30 as well as closing ceremonies from 2:30-3:00pm EDT.

-At 3:00pm, parents are asked to go back to the Dorr road parking lot entrance and wait there until ushers allow you to enter through the gates for pick-up. If you attend the closing ceremonies you may drive your camper to the dorm via Dorr Road.

-The Dorr road parking lot gate will NOT open until ushers are notified that the campers are back at the dorm. Parents will not be permitted to drive on the interior part of campus (to the dorms) before the final session is over and until campers have arrived back to the dorm. This is strictly enforced for the safety of all campers attending camp.

-Parents must pick their camper at the dorm and check their camper out of their dorm room. Campers must walk back to the dorm with camp coaches and cannot leave the Joyce Center with their parents

CONTACT INFORMATION:
For questions prior to the start of camp, contact Notre Dame Sports Camps Office— Phone: 574-631-9788 | Email: ndcamps@nd.edu

-You may also contact Notre Dame Volleyball— Phone: 574-631-3378 | Email: ndvbcamps@gmail.com

*If you arrive late to campus on the day of check-in, please contact Kevin Prendergast at 636-262-4079

CANCELLATIONS:
If you cancel prior to July 6th at 5:00pm, you will receive a refund less a $75.00 cancellation fee. NO refunds will be issued for any reason within ONE WEEK of camp.

NON-BOARDERS:

-Non-boarders should arrive and check in with their coach no later than 10:30 am on Friday, July 13. Please enter through Gate 9 and meet on the Volleyball floor in the Joyce Center Fieldhouse.
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CHECKLIST OF ITEMS TO BRING:

Below is a suggested list of clothes, equipment, and personal items. DO NOT bring unnecessary clothes or expensive cameras, iPods, iPads, cell phones, TV’s, or any other valuable items. Notre Dame is NOT responsible for any personal items brought to camp that may be stolen or lost. Please label every article that you bring. All items will be the responsibility of the individual camper!

**VOLLEYBALL ITEMS:**
- T-shirts
- Shorts
- Volleyball Shoes
- Knee pads
- Sweatshirt/warm-up (gym is air conditioned)
- Extra dry socks
- Flip-flops
- Water bottle

**NON-VOLLEYBALL ITEMS:**
- Bed linens (extra long twin sheets)
- Pillow/blanket
- Portable fan (Dorms do not have air conditioning!!!)
- Toiletries
- Towels
- Spending Money
- Dry snacks (fruit snacks, granola bars, etc.)
- Sunscreen

**HOUSING:**
-Campers will reside in undergraduate residence halls on the campus of Notre Dame.
-ND will NOT provide bed linens or towels. Campers must bring their own towels and Extra Long Twin bed sheets

**SPENDING MONEY:**
Campers are responsible for keeping track of their spending money.

*A Volleyball camp store will be available at check-in, each evening in the dorm and at closing ceremonies. Campers can purchase snacks, drinks and exclusive ND VB t-shirts that are not sold in the bookstore.

**HEALTH & SAFETY:**
-Campers taking prescription medicine must be responsible for their own medication. If your child cannot self-medicate, a parent or legal guardian must be available to administer during camp. If you decide that your child can self-medicate, please make arrangements to remind your child to take his or her medication. Camp counselors and athletic trainers are prohibited by law to hold or dispense prescription medication, and will not be responsible for reminding your child to take their medication. Additionally, the health center and EMT’s will not hold or dispense medication.
-University athletic trainers will be on duty each day during hours of scheduled camp activity.
-University Health Services facilities, EMT’s, or the local hospital will be available 24-7.
-Most meals are prepared under the direction of the University dietician and served in the University’s South Dining Hall.
-Drugs, alcoholic beverages and tobacco products are **strictly forbidden** and constitute, along with general misconduct, grounds for immediate dismissal from camp without a refund.
-Any damage to the residence halls will be billed to the parents of the campers responsible for such incident or to the parents of the campers assigned to the specific room where damage occurred.
DIRECTIONS TO CAMPUS:
- Notre Dame is located approximately 90 miles east of Chicago on the Indiana Toll Road (80/90)
- Proceed through exit 77 toll plaza and turn right onto US 933/Business 31 at the traffic light
- Take a left onto Dorr Road, near the WNDU news station.
- The check-in location will be in the second parking lot on your left

FIRST MEAL/ LAST MEAL:
Please note that the first meal will be lunch & the last meal will be lunch!

EARLY DEPARTURE:
Campers are expected to participate in the full duration of camp. However, should a situation arise that your camper needs to be picked up early, please contact the Camp Director immediately. That contact information will be provided at check-in. Please note, you will be required to complete an early departure form provided by the Camp Director. Please contact the Notre Dame Sports Camp Office at ndcamps@nd.edu or (574) 631-8788, if you know in advance that your camper will need to leave early.
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2019 Team Camp Schedule

(tentative)

Day 1
9:30-10:00  Boarders-- Arrival and Coach/Team check-in at the Dorr road parking lot  
            Drive onto campus and move into dorm housing, park bus/van in the Dorr road lot 
            with permit
10:30       All teams and Coaches escorted to JACC with VB Staff from dorm
10:30       All Non-Boarders arrive at Joyce Center fieldhouse to meet own HS coach
11:00-12:45 Camp Introduction, Volleyball Session #1
12:45-1:40  Lunch
1:45-5:15   Volleyball Session #2 Forearm Passing and Serving
5:20-6:30   Dinner in South Dining Hall
7:00-8:30   Volleyball Session #3 Match Play-Serve, Serve Receive
8:30-8:45   Boarders walk back to dorm, Non-Boarders dismissed from Gate 9 JACC
10:00       Lights out

Day 2
7:30-8:30   Breakfast, walk together as a group to Joyce Center for the day
9:00-12:00  Volleyball Session #4 Overhead Passing, Spiking
12:00-1:15  Lunch
1:15-5:00   Volleyball Session #5 Defense and Blocking
5:15-6:45   Dinner in South Dining Hall
6:30-8:30   Volleyball Session #6 - Match Play
8:30-8:50   Boarders walk back to dorm, Non-Boarders dismissed from Gate 9 JACC
10:00       Lights Out

Day 3
7:30-8:30   Breakfast, walk together as a group to Joyce Center for the day
9:00-11:45  Volleyball Session #7 Team Defense
11:45-12:30 Lunch
12:45-2:30  Volleyball Session #8 All Camp Tournament [Parents are welcome to attend]
2:30-3:00   Closing Ceremonies and autograph session
3:00-4:00   Boarders return to dorm and check out, Non-Boarders dismissed from Gate 9 JACC

Lunches will be served in the Joyce Center. Dinner and Breakfast will be in South Dining Hall. All Campers will walk to meals and dorms together as a group, supervised by camp staff. Our staff will do a bed check each evening and a wake-up call each morning. Parents are welcome to attend any session of camp but especially the final afternoon tournament games and closing ceremonies.
1. Morris Inn (On-Campus Hotel)  
2. Basilica Of The Sacred Heart  
3. St. Mary’s Lake  
4. Grotto Of Our Lady  
5. St. Joseph’s Lake  
7. Touchdown Jesus  
8. Labar Practice Complex  
9. Joyce Center Fieldhouse  
10. Guglielmino Athletic Complex Strength & Conditioning  
11. Loftus Sports Center  
12. Alumni Soccer Stadium  
13. Dorr road Parking Lot, DORR ROAD—CHECK-IN LOCATION  
14. Notre Dame Stadium  
15. Notre Dame Bookstore  
16. Stepan Fields (off of Douglas Rd.)
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<thead>
<tr>
<th>Date</th>
<th>Opponent</th>
<th>Location</th>
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<tr>
<td>Wed September 4</td>
<td>Valpo</td>
<td>Notre Dame, IN</td>
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<td>Fri September 6</td>
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<td>Fri September 20</td>
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<td>Sun September 22</td>
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<td>Fri September 27</td>
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<td>Sun September 29</td>
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<td>Notre Dame, IN</td>
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<tr>
<td>Fri October 4</td>
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<tr>
<td>Sun October 6</td>
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<td>Fri October 11</td>
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<td>Sun October 13</td>
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<td>Wed. October 16</td>
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<td>Fri October 18</td>
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<td>Fri October 25</td>
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<td>Sun October 17</td>
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<td>Fri November 1</td>
<td>Syracuse, NY</td>
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<td>Sun November 3</td>
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ON SALE NOW!

- Special offers to hockey, men’s and women’s basketball
  - ONE free and up to FOUR half-priced tickets per membership for designated Kid’s Club games
- ONE free Blue-Gold Game ticket per membership
- ONE free stadium tour per membership
- Free entry to all Olympic sports including men’s and women’s soccer, volleyball, men’s lacrosse, baseball and softball
- Exclusive membership box including:
  (available to those who purchase Apr. 21 - Aug. 17)
  - Membership Card
  - Temporary Tattoos
  - Christmas Ornament
  - Water Bottle
  - Rally Beads
  - Pompom
  - Gold Short-Sleeved T-Shirt
  - Mini Football