2019 Notre Dame Volleyball High Performance Skills Camp

Thank you for registering for the 2019 University of Notre Dame Volleyball High School Skills Camp, July 9-11! We hope summer camp will be a memorable and exciting experience for you. The information in this packet is very important, please read it thoroughly.

DATE:

July 9-11, 2019 [Tuesday—Thursday]

CHECK-IN:

Tuesday, July 9—9:15-10:15am EDT. Please note that the University of Notre Dame is on Eastern Daylight Time!
-Location: Purcell Pavilion at the Joyce Center — Gate 10
-Parking: Joyce Parking Lot
-Address: 113 Joyce Center, Notre Dame, IN 46556

CHECK-IN PROCESS:

-Once your family has checked-in at the assigned location, you will be advised to check into the dorm your camper has been assigned to. There will be a map provided to you at registration providing a route you will need to take to get onto campus. Once you get close to the dorms, you will see ushers providing you directions to your dorm. You will be able to have your camper collectively gather his/her belongings and head straight to their assigned room. PLEASE NOTE: YOU WILL NOT BE ALLOWED TO PARK YOUR VEHICLE DURING THIS PROCESS—THERE WILL BE A LOT OF VEHICLES IN THIS PROCESS, THEREFORE THE USHERS WILL WANT TO KEEP THE TRAFFIC MOVING PRODUCTIVELY!

DEPARTURE:

Thursday, July 11—3:00pm EDT

-Parents/Guardians are welcome and encouraged to attend the final afternoon session of camp which will include tournament play from 1:00-2:30 as well as closing ceremonies from 2:30-3:00pm EDT.

-At 3:00pm, parents are asked to go back to the Dorr Road parking lot entrance and wait there until ushers allow you to enter through the gates for pick-up. If you attend the closing ceremonies you may drive your camper to the dorm via Dorr Road.

-The Dorr Road parking lot gate will NOT open until ushers are notified that the campers are back at the dorm. Parents will not be permitted to drive on the interior part of campus [to the dorms] before the final session is over and until campers have arrived back to the dorm. This is strictly enforced for the safety of all campers attending camp.

-Parents must pick up their camper at the dorm and check their camper out of their dorm room. Campers must walk back to the dorm with camp coaches and cannot leave the Joyce Center with their parents.

CONTACT INFORMATION:

For questions prior to the start of camp, contact Notre Dame Sports Camps Office—Phone: 574-631-8788 | Email: ndcamps@nd.edu

-You may also contact Notre Dame Volleyball—Phone: 574-631-3378 | Email: ndvbcamps@gmail.com

*If you arrive late to campus on the day of check-in, please contact Kevin Prendergast at 636-262-4079

CANCELLATIONS:

If you cancel prior to July 3rd at 5:00pm, you will receive a refund less a $75.00 cancellation fee. NO refunds will be issued for any reason within ONE WEEK of camp.
2019 Notre Dame Volleyball High Performance Skills Camp

NON-BOARDERS:

- Non-boarders will check in with all other campers on the first day
  
  Tuesday, July 9 — 10:15am EDT
  
  - Location: Purcell Pavilion at the Joyce Center — Gate 10
  
  - Address: 113 Joyce Center, Notre Dame, IN 46556

- Non-Boarders will receive a final, detailed itinerary at check-in with pick-up and drop off times. Please see the attached tentative schedule and plan to arrive at 8:30 am and depart at 8:30pm each day.

CHECKLIST OF ITEMS TO BRING:

Below is a suggested list of clothes, equipment, and personal items. DO NOT bring unnecessary clothes or expensive cameras, iPods, iPads, cell phones, TV’s, or any other valuable items. Notre Dame is NOT responsible for any personal items brought to camp that may be stolen or lost. Please label every article that you bring. All items will be the responsibility of the individual camper!

Volleyball Items:  Non-Volleyball Items:

- T-shirts
- Shorts
- Volleyball Shoes
- Knee pads
- Sweatshirt/warm-up (gym is air conditioned)
- Extra dry socks
- Flip-flops
- Water bottle
- Bed linens (extra long twin sheets)
- Pillow/ blanket
- Portable fan (Dorms do not have air conditioning!!!)
- Toiletries
- Towels
- Spending Money
- Dry snacks (fruit snacks, granola bars, etc.)
- Sunscreen

*ND will NOT provide bed linens or towels. Campers must bring their own towels and Extra Long Twin bed sheets

HOUSING:

Campers will reside in undergraduate residence halls on the campus of Notre Dame

SPENDING MONEY:

Campers are responsible for keeping track of their spending money.

* A Volleyball camp store will be available at check-in, each evening in the dorm and at closing ceremonies. Campers can purchase snacks, drinks, and exclusive ND VB t-shirts that are not sold in the bookstore.

EARLY DEPARTURE:

Campers are expected to participate in the full duration of camp. However, should a situation arise that your camper needs to be picked up early, please contact the Camp Director immediately. That contact information will be provided at check-in. Please note, you will be required to complete an early departure form provided by the Camp Director. Please contact the Notre Dame Sports Camp Office at ndcamps@nd.edu or [574] 631-8788, if you know in advance that your camper will need to leave early.
DIRECTIONS TO CAMPUS:
- Notre Dame is located approximately 90 miles east of Chicago on the Indiana Toll Road (80/90)
- Proceed through exit 77 toll plaza and turn right onto US 933/Business 31 at the traffic light
- Travel through three (3) traffic lights and turn left (East) on Angela Blvd.
- Follow Angela to Leahy Drive and turn left (heading North)
- Take your second left into the C1 Stadium Parking Lot
- You may park in the Stadium lots—ushers will direct you to the appropriate check-in location

HEALTH & SAFETY:
- Campers taking prescription medicine must be responsible for their own medication. If your child cannot self-medicate, a parent or legal guardian must be available to administer during camp. If you decide that your child can self-medicate, please make arrangements to remind your child to take his or her medication. Camp counselors and athletic trainers are prohibited by law to hold or dispense prescription medication, and will not be responsible for reminding your child to take their medication. Additionally, the health center and EMT’s will not hold or dispense medication.
- Please note: On the waiver/consent you have signed on the registration form, dormitory consent was one of those: The university has a time-frame for renovations and repairs—therefore, work may or may not be preformed in the dorms during your campers stay.

- University athletic trainers will be on duty each day during hours of scheduled camp activity.
- University Health Services facilities, EMT’s, or the local hospital will be available 24-7.
- Meals served in South Dining Hall are prepared under the direction of the University Dietician.
- Drugs, alcoholic beverages and tobacco products are strictly forbidden and constitute, along with general misconduct, grounds for immediate dismissal from camp without a refund.

- Any damage to the residence halls will be billed to the parents of the campers responsible for such incident or to the parents of the campers assigned to the specific room where damage occurred.

FIRST MEAL/ LAST MEAL:
Please note that the first meal will be lunch & the last meal will be lunch!

TRANSPORTATION:
If necessary, the volleyball camp staff can provide transportation for campers to and from the South Bend International Airport. In order to schedule this transportation, you must fill out the travel form that is attached to this packet. Please fill out the form, and mail it with payment to our office. The cost of round-trip transportation is $30.00 payable to: Notre Dame Volleyball Camps

Mail to:
ATTN: Notre Dame Sports Camps
113 Joyce Center
Notre Dame, IN 46556

*Coach USA Bus service has daily bus service from Chicago Midway or O’Hare to Notre Dame Campus. Tickets/more information on this service can be viewed on their website:

http://www.coachusa.com/tristateunitedlimo/ss.ohareairport.asp
2019 ND VB Camp Schedule (tentative)

Day 1

9:15-10:15 All Boarders-- Arrive and check-in at Joyce Center (Purcell Pavilion, Gate 10)
Drive onto campus and move into dorm housing
After moving into dorm, return to Joyce Center fieldhouse, main volleyball court

10:15 All Non-Boarders should arrive for check-in at Purcell Pavilion Gate 10

11:00-12:45 Camp Introduction, Volleyball Session #1

12:45-1:45 Lunch

1:45-5:15 Volleyball Session #2 Forearm Passing and Serving

5:20-6:30 Dinner in South Dining Hall

7:00-8:30 Volleyball Session #3 Match Play- Serve, Serve Receive

8:30-8:45 Boarders walk back to dorm, Non-Boarders dismissed from Gate 9 JACC

10:00 Lights out

Day 2

7:30-8:30 Breakfast, walk together as a group to Joyce Center for the day

8:00-12:00 Volleyball Session #4 Overhead Passing, Spiking

12:00-1:15 Lunch

1:15-5:00 Volleyball Session #5 Defense and Blocking

5:15-6:45 Dinner in South Dining Hall

6:30-8:30 Volleyball Session #6 - Match Play

8:30-8:50 Boarders walk back to dorm, Non-Boarders dismissed from Gate 9 JACC

10:00 Lights Out

Day 3

7:30-8:30 Breakfast, walk together as a group to Joyce Center for the day

9:00-11:45 Volleyball Session #7 Team Defense

11:45-12:30 Lunch

12:45-2:30 Volleyball Session #8 All Camp Tournament (Parents are welcome to attend)

2:30-3:00 Closing Ceremonies and autograph session

3:00-4:00 Boarders return to dorm and check out, Non-Boarders dismissed from Gate 9 JACC

Lunches will be served in the Joyce Center. Dinner and Breakfast will be in South Dining Hall. All Campers will walk to meals and dorms together as a group, supervised by camp staff. Our staff will do a bed check each evening and a wake-up call each morning. Parents are welcome to attend any session of camp but especially the final afternoon tournament games and closing ceremonies.
Notre Dame Summer Sports Camp---Volleyball

Airport Pick-up Form

Round Trip transportation to/from the South Bend Airport provided by the ND Volleyball Camp staff is available for $30 per person. All information on this form must be completed.

Camper Name ____________________________________________  Age ______________________

Camper Phone number ____________________________ Camper E-mail____________________

Circle the Camp attending: VB Skills Session I- July 10-12 OR VB Skills Session II - July 16-18

Parent Name_________________________ Parent Phone______________________ Parent E-mail____________________

ARRIVING IN SOUTH BEND

Date of arrival ______________________  Time of arrival ________________  AM or PM

City arriving from ________________________________

Airline ________________________________  Flight Number ______________________

If applicable:

Bus Company: ___________________________ Arrival time: ______________________

Train: ________________________________ Arrival time: ______________________

DEPARTING FROM SOUTH BEND

Date of departure ______________________  Time of departure ________________  AM or PM

City departing to______________________________

Airline ________________________________  Flight Number ______________________

If applicable:

Bus Departure time from SBN airport: __________________________

Train-Departure Time from SBN Airport __________________________

Please return this completed form with a $30 check made out to Notre Dame Volleyball Camp to

ND Summer Sports Camps
113 Joyce Center
Notre Dame, IN 46556
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<thead>
<tr>
<th>Date</th>
<th>Home Team</th>
<th>Away Team</th>
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<tbody>
<tr>
<td>Wed September 4</td>
<td>Valpo</td>
<td>Notre Dame, IN</td>
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<tr>
<td>Fri September 6</td>
<td>PMI</td>
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<td>MN</td>
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<td>Wed, October 16</td>
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