

Meet Schedule – FINAL
 November 30, 2018

FIELD EVENTS

4:00 PM	Long Jump	Men followed by Women
To follow LJ	Triple Jump	Men followed by Women
5:00 PM	High Jump	Women
5:00 PM	Pole Vault	Men
5:00 PM	Weight Throw	Women followed by Men
To follow WT	Shot Put	Women followed by Men
6:30 PM	Pole Vault	Women
6:30 PM	High Jump	Men

RUNNING EVENTS

6:00 PM	60 M Hurdles – Prelim	Women	<i>(3 heats)</i>
6:10 PM	60 M Hurdles – Prelim	Men	<i>(2 heats)</i>
6:20 PM	60 M Dash – Prelim	Women	<i>(4 heats)</i>
6:30 PM	60 M Dash – Prelim	Men	<i>(4 heats)</i>
6:45 PM	Mile Run	Women	<i>(1 section)</i>
6:55 PM	Mile Run	Men	<i>(1 section)</i>
7:05 PM	600 M Run	Women	<i>(1 section)</i>
7:08 PM	600 M Run	Men	<i>(1 section)</i>
7:15 PM	400 M Dash	Women	<i>(2 heats)</i>
7:20 PM	400 M Dash	Men	<i>(4 heats)</i>
7:35 PM	60 M Hurdles – Final	Women	<i>(1 heat)</i>
7:40 PM	60 M Hurdles – Final	Men	<i>(1 heat)</i>
7:45 PM	60 M Dash – Final	Women	<i>(1 heat)</i>
7:50 PM	60 M Dash – Final	Men	<i>(1 heat)</i>
7:55 PM	800 M Run	Women	<i>(1 section)</i>
8:00 PM	800 M Run	Men	<i>(1 section)</i>
8:05 PM	200 M Dash	Women	<i>(5 heats)</i>
8:12 PM	200 M Dash	Men	<i>(5 heats)</i>
8:20 PM	3000 M Run	Women	<i>(1 section)</i>
8:35 PM	3000 M Run	Men	<i>(1 section)</i>
8:50 PM	4x400 M Relay	Women	<i>(2 heats)</i>
9:00 PM	4x400 M Relay	Men	<i>(2 heats)</i>